

## **Department of Mental Health (DMH) Updates for the BHC Executive Committee Meeting (May 22, 2025)**

**Report Response:** The following reports were submitted by DMH in April 2025.

- **Report on the Continuum of Care for Mental Health and Substance Use Disorder (SUD) Beds (Item No. Set Matter 1, Agenda of June 18, 2024) [Link](#)**
  - This report provided an update on the status of beds from the Departments of Mental Health and Public Health-Substance Abuse Prevention and Control (SAPC), including number and type of beds available, data on number of clients served, average length of stays, discharged locations, bed distribution and challenges/opportunities. Below are highlights of the increase in bed capacity.
    - Between October 2024-January 2025, DMH increased bed capacity across the County including 25 acute inpatient beds, 120 Skilled Nursing Facility-Special Treatment Program (SNF-STP) beds, 16 Crisis Residential Treatment Program (CRTP) beds, and 534 Permanent Supportive Housing (PSH) units.
    - DPH-SAPC increased residential SUD beds by 52 and expanded interim housing beds by 167 beds.
    - Opportunities:
      - Leveraging various funding opportunities, including Homekey+ and Behavioral Health Continuum Infrastructure Program (BHCIP).
      - SAPC focuses on optimizing Medi-Cal and other funding sources for expansion.
- **Report Response on Data for the Behavioral Health Center on the Martin Luther King, Jr., Medical Campus (Item No. 29, Agenda of November 16, 2021) [Link](#)**
  - This report provides metrics from DMH and the Department of Public Health (DPH) for the programs located on the Martin Luther King Jr. Behavioral Health Center campus between January 2025-March 2025. Below are a few of those metrics.
    - DMH Crisis Residential Treatment Program:
      - ◁ Received 69 referrals and 17 admissions.
      - ◁ Occupancy rate and average length of stay: 69%/47 days.
      - ◁ No serious incidents (medical emergencies, suicide attempts or aggressive acts) during this period.
    - DPH Substance Use Disorder (SUD) and Respite and Recovery Center:
      - ◁ Respite/Sobering Center:
        - Received 553 referrals.
        - Occupancy rate and average length of stay: 42%/ 13 hours.
      - ◁ Residential Withdrawal Management (RWM):
        - Received 178 referrals.

- Occupancy rate and average length of stay: 61%/ 5 days.
  - ◁ Residential:
    - Received 207 referrals.
    - Occupancy rate and average length of stay: 95%/ 58 days.
- **Implementing the Mental Health Resources (Item 35, Agenda of April 9, 2024) and Establishing a Roadmap to Address the Mental Health Bed Shortage (Item No. 41-D, Agenda Of January 24, 2023) [Link](#)**
  - DMH continues to strengthen oversight and governance to more effectively operate as a Medi-Cal Mental Health Plan (MHP). The MHP Full Continuum of Care Committee (FCC) was launched and embedded within the DMH Senior Deputy meeting.
  - DMH continues in its commitment to developing standardized terminology, expanding data system resources, and enhancing data collection and tracking across DMH.
  - DMH has initiated an update of our bed forecasting tool to yield more targeted level of care projections.
- **Proclaim September as National Suicide Prevention Awareness Month in Los Angeles County (Item 28, Agenda of September 10, 2024) [Link](#)**
  - This report highlights suicide prevention activities/efforts from both the Department of Public Health (DPH) and the Department of Mental Health (DMH), including collaborative efforts highlighted below.
    - Los Angeles Suicide Prevention Network (LASPN)
    - Mortality Reviews by the Veteran Suicide Review Team (VSRT)
    - Yearly Suicide Prevention Summit
    - Youth Suicide Prevention Pilot (DPH-Office of Violence Prevention)
  - The report also includes the efforts of each department, including outreach and engagement efforts and various trainings.

**Motions:**

In April 2025, there were no motions approved by the Board with reports to be **submitted by** DMH.