County of Los Angeles
Department of Mental Health

2009 California Conference on Mental Health & Spirituality

The Journey to Wholeness

Thursday, June 4, 2009
&
Friday, June 5, 2009

The California Endowment
Center for Healthy Communities
1000 N. Alameda St.
Los Angeles, CA 90012

MHSA Funded

Message From the Director

Dear Conference Participants,

It is with great pleasure that I welcome you to the 2009 California Conference on Mental Health and Spirituality. I applaud your interest in supporting the choice of consumers and family members/parents/caregivers to embrace spirituality as part of their mental health.

For many years now, the Los Angeles County Department of Mental Health has been encouraging the involvement of the faith community in helping individuals and families struggling with mental illness. Our efforts, anchored by an annual conference for faith leaders, have always acknowledged the potential role of spirituality as a resource for hope, wellness and recovery. This year we are underscoring that acknowledgement and expanding our efforts to a two-day conference in support of the California Mental Health and Spirituality Initiative launched last year by the California Institute for Mental Health. The Initiative is helping the local public mental health systems in California and their community partners understand, welcome and practice the best and appropriate ways to support spirituality as a resource, and involve the spiritual community, in mental health prevention, intervention and recovery.

I hope you find the conference stimulating, informative and encouraging in your personal journey and in our collective quest for improving the capacity of the public mental health system and its array of community partners to provide culturally competent, spiritually sensitive mental health services.

Sincerely,

Marvin J. Southard, D.S.W.
Director of Mental Health
County of Los Angeles

Conference Summary

This Southern California conference is part of the California Mental Health and Spirituality Initiative, a join effort by California counties and the California Institute for Mental Health. The purposes of the conference are (1) to increase awareness of spirituality as a potential resource in mental health prevention, early intervention, and recovery; and (2) to encourage collaboration among faith-based organizations, mental health service providers, consumers and families in combating stigma and reducing disparities in access to services for diverse populations.

The Los Angeles County Department of Mental Health will host this Southern California conference featuring pastoral ministers who have gone “outside the box” and instituted services to underserved communities. It will also highlight mental health experts who have researched the integration of spirituality in the recovery of multi-ethnic consumers and in the survival of families beset with mental illness. This conference will educate, motivate and inspire the inclusion of spirituality in one’s journey to being whole.

Continuing Education

Los Angeles County Department of Mental Health (LACDMH) is approved as continuing education provider by the following:

- California Board of Behavioral Sciences (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists
- California Board of Registered Nursing (Provider #CEP 5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians
- California Association of Alcoholism and Drug Abuse Counselors
- American Psychological Association

The LACDMH maintains responsibility for the program and is approved by the American Psychological Association to offer continuing education for psychologists.

Please apply at the CEU table on the day of the event.

Directions

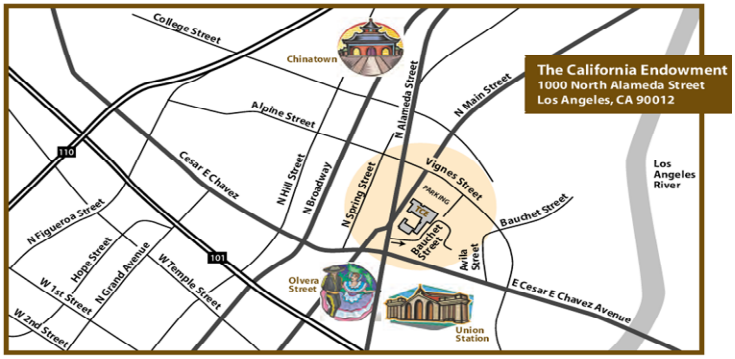
From LAX
Merge onto S. Sepulveda/CA-1 S. Toward I-105; I-105 E toward Norwalk; Merge onto I-110 N toward Los Angeles; Just past downtown, follow signs on right to 10 E. San Bernardino/5 S Santa Ana (US 101 South) Exit Broadway; Right on Cesar; Left on Alameda; Right at Bauchet St. (1st stop light); Continue into TCE parking lot

Location

The California Endowment Center is conveniently located with walking distance of Union Station which is served by public transportation, metro lines, taxis and shuttle services.

FREE Parking is Available

Directions to The California Endowment



Public Transportation

- **Metro Rail lines From LAX to Union Station**
  For more information: http://www.mta.net
- **Flyaway Bus Service**
  For more information: http://www.lawa.org

Hotels

Hotels in the downtown area: Omni Hotel; Hiton Checkers; Millennium Biltmore; Wilshire Grand; Best Western Dragon Gate Inn; The New Otani Hotel & Garden; Miyako Hotel Los Angeles; Kawada Hotel, Marriott Downtown Los Angeles, Hyatt, Sheraton, Holiday Inn and Bonaventure.

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The Journey to Wholeness

June 4 - 5, 2009

Registration Form (Please Print Clearly)

Name

Title | Organization

Address

City/State | Zip Code

Phone | Email

Conference Registration

Title	* Early Bird (Two Days)	Two Days	Day One 6/4/09	Day Two 6/5/09
Clergy	$85.00	$100.00	$60.00	$60.00
Consumer/ Family Member	$85.00	$100.00	$60.00	$60.00
Provider/Other	$128.00	$150.00	$90.00	$90.00

*** Early Bird rates available only for two-day registrations received by April 22, 2009.**

Continental Breakfast & Buffet Lunch provided both days

LACDMH Staff should use DMH application available on DMH Training Website

Payment Information

- Please make check or money order payable to: **Los Angeles County**. There will be a $33.00 fee charged on checks returned by the bank due to insufficient funds.
- If you would like your confirmation mailed to you, please submit a self-addressed, stamped envelope with your payment. Please **do not** send **CASH!**

Money Order (payable to Los Angeles County)

Check #_____(payable to Los Angeles County)

Cancellations/Refunds: For a full refund, request must be received in writing no later than **May 22, 2009**. After that date, fees are non-refundable. There will be no partial refund.

Please mail completed registration form & workshop choices with payment by: April 30, 2009 to:

Department of Mental Health
Attn: Destiny Walker
550 S. Vermont Ave., 12th Floor
Los Angeles, CA 90020

Questions: (213) 738-4832
Fax: (213) 386-1297

Seating is limited - Please register early!
NO On-Site Registrations

Special Needs

Language Interpretation: _____ American Sign Language

Wheelchair Accommodation

2009 California Conference on Mental Health & Spirituality

Journey to Wholeness

Workshop Information

Conference Agenda

Day One 7:30am - 4:30pm

Registration Begins at 7:30 a.m.

WELCOME
Hon. Gloria Molina, Supervisor
District 1

Keynote Speakers:

"Meaningful Existence and the Spiritual Hope"
Rev. Cecil Murray
USC Center for Religion & Civic Culture

"Stories that Hurt, Stories that Heal"
Rabbi Edward Feinstein
Valley Beth Shalom Synagogue

6 Concurrent Workshops (2 Sessions)

Day Two 7:30am - 4:30pm

Registration Begins at 7:30 a.m.

WELCOME
Edward Vidaurri, Chair
Clergy Advisory Committee

Keynote Speakers:

"Spirituality's Role in Supporting Mental Health Recovery: Why Public Mental Health Systems Should Address It"
Dr. Marvin J. Southard, Director
Los Angeles County Department of Mental Health

"Integrating Spirituality into Psychotherapy: An Introduction"
Dr. Aaron Kheriaty
Psychiatrist, University of California Irvine

6 Concurrent Workshops (1 Session)

June 4, 2009:

Workshop Titles/Presenters	Please Choose 1 Workshop Per Session	
	Session 1	Session 2
1. Rabbi/Social Worker Roundtable: An Interdisciplinary Model for Interfaith Pastoral Consultation **(CE & CEU)** *Sally Weber, LCSW*	_____	_____
2. Spirituality in Recovery Programs **(CE & CEU)** *Patricia Blum, Ph.D. and Janet Drebert*	_____	_____
3. Cultural and Spiritual Approaches to Healing Inter-generational Trauma in Native, African, Hmong, and Latino American Communities: A Panel Discussion **(No CE or CEU)** *Joyce Gonzales, James Matthews, Montriel Jamari, Yeng Van and Alva Ileana De La Torre-Pena*	_____	_____
4. Spirituality & Recovery:What the Research Says **(CE & CEU)** *David Lukoff, Ph.D.*	_____	_____
5. Key to Early Intervention: Recognizing the Signs & Symptoms of Mental Illness **(CEU)** *Ana Wong-McDonald, Ph.D.*	_____	_____
6. Challenges in Fostering Spirituality to Reduce the Stigma of Mental Illness: Exploring the Clash between Cultural & Spiritual Beliefs in Asian American Churches **(CE & CEU)** *Ann-Marie Yamada, Ph.D., Karen Kyeung Hae Lee, LCSW and Hannah Nguyen, MSW*	_____	_____

June 5, 2009:

Workshop Titles/Presenters	Please Choose 1 Workshop
1. North American Indian Philosophy of Mind, Body and Soul: Holy Trilogy of Human Life **(No CE or CEU)** *Ben Hale*	_____
2. Spiritual Dimension of Mental Health: Considerations for Prevention and Intervention **(CE & CEU)** *Rocco Cheng, Ph.D.*	_____
3. Spirituality in Recovery: The Consumers' Journey **(CE & CEU)** *Chris Camilleri, MD, & Steven Hendrickson, LCSW*	_____
4. Biblical Meditation for Total Restoration **(CE & CEU)** *Rev. Gail Riley, MFT*	_____
5. Tend my Sheep: Biblical Perspectives on Mental Health Care in the Church **(CEU)** *Rev. Charles Suhayda, Ph.D. & Ana Wong-McDonald, Ph.D.*	_____
6. Finding Your Spiritual Journey **(CE & CEU)** *David Lukoff, Ph.D.*	_____